

UTHC Trainingsplan 2025

Der Trainingsplan gilt vom 5.Mai bis 26. September 2025 EINSCHLIESSLICH der Sommerschulferien.

Montag								
Uhrzeit	Platz 1	Platz 2	Platz 3	Platz 4	Platz 5	Platz 6	Platz 7	Platz 8
08:00 - 9:00						Training		
09:00 - 10:00						Training	H 70 D	H70 D
10:00 - 11:00						Training	H 70 D	H70 D
11:00 - 12:00						Training	H65	H65
12:00 - 13:00						Training	H65	H65
13:00 - 14:00						Training		
14:00 - 15:00				Training	Training	Training		
15:00 - 16:00				Training	Training	Training		
16:00 - 17:00				Training	Training	Training		
17:00 - 18:00				Training	Training	Training		
18:00 - 19:00	D40-2			Training	Training	Training	D50	D60
19:00 - 20:00	D40-2	Damen		Training	Training	Training	D50	D60
20:00 - 21:00	D40-2	Damen		Training	Training	Training	D50	D60

Mittwoch								
Uhrzeit	Platz 1	Platz 2	Platz 3	Platz 4	Platz 5	Platz 6	Platz 7	Platz 8
08:00 - 9:00						Training		
09:00 - 10:00						Training		
10:00 - 11:00				D65	H70	Training	D65*	H70*
11:00 - 12:00				D65	H70	Training	D65*	H70*
12:00 - 13:00						Training		
13:00 - 14:00						Training		
14:00 - 15:00				Training	Training	Training		
15:00 - 16:00				Training	Training	Training		
16:00 - 17:00				Training	Training	Training		
17:00 - 18:00				Training	Training	Training		
18:00 - 19:00				Training	Training	Training	H40-1/2	H50-1
19:00 - 20:00				Training	Training	Training	H40-1/2	H50-1
20:00 - 21:00				Training	Training	Training	H40-1/2	H50-1

Freitag								
Uhrzeit	Platz 1	Platz 2	Platz 3	Platz 4	Platz 5	Platz 6	Platz 7	Platz 8
08:00 - 9:00				Training	Training	Training		
09:00 - 10:00				Training	Training	Training		
10:00 - 11:00				Training	Training	Training		
11:00 - 12:00					Training	Training		
12:00 - 13:00						Training		
13:00 - 14:00						Training		
14:00 - 15:00			Training		Training	Training		
15:00 - 16:00			Training		Training	Training		
16:00 - 17:00			Training		Training	Training		
17:00 - 18:00			Training		Training	Training		
18:00 - 19:00			Training		Training	Training		
19:00 - 20:00			Training		Training	Training		
20:00 - 21:00					Training	Training		

Dienstag								
Uhrzeit	Platz 1	Platz 2	Platz 3	Platz 4	Platz 5	Platz 6	Platz 7	Platz 8
08:00 - 9:00						Training		
09:00 - 10:00						Training	Doppelspaß	Doppelspaß
10:00 - 11:00						Training	Doppelspaß*	Doppelspaß*
11:00 - 12:00						Training		
12:00 - 13:00						Training		
13:00 - 14:00						Training		
14:00 - 15:00				Training	Training	Training		
15:00 - 16:00				Training	Training	Training		
16:00 - 17:00				Training	Training	Training		
17:00 - 18:00				Training	Training	Training		
18:00 - 19:00				Training	Training	Training	H30	H40-1/2
19:00 - 20:00				Training	Training	Training	H30	H40-1/2
20:00 - 21:00				Training	Training	Training	H30	H40-1/2

Donnerstag								
Uhrzeit	Platz 1	Platz 2	Platz 3	Platz 4	Platz 5	Platz 6	Platz 7	Platz 8
08:00 - 9:00						Training		
09:00 - 10:00						Training		
10:00 - 11:00						Training		
11:00 - 12:00						Training		
12:00 - 13:00						Training		
13:00 - 14:00						Training		
14:00 - 15:00				Training	Training	Training		
15:00 - 16:00				Training	Training	Training		
16:00 - 17:00				Training	Training	Training		
17:00 - 18:00				Training	Training	Training		
18:00 - 19:00	H60-2			Training	Training	Training	H60-I	D40-1
19:00 - 20:00	H60-2			Training	Training	Training	H60-I	D40-1
20:00 - 21:00	H60-2			Training	Training	Training	H60-I	D40-1

Samstag	
Uhrzeit	Platz 3
08:00 - 9:00	Training
09:00 - 10:00	Training
10:00 - 11:00	Training
11:00 - 12:00	Training
12:00 - 13:00	
13:00 - 14:00	
14:00 - 15:00	
15:00 - 16:00	
16:00 - 17:00	
17:00 - 18:00	
18:00 - 19:00	
19:00 - 20:00	
20:00 - 21:00	

Bitte unbedingt beachten:

- **Zusätzliche Platzbuchung parallel zum Training:** wenn überhaupt, dann in Maßen- nehmt bitte Rücksicht auf Nicht-Mannschaftsspieler

* **Doppelspaß:** Trainingsplätze an folgenden Tagen durch Medenspiele ab 10 Uhr belegt: 27.5., 10.6., 19.8.

* **H65:** Trainingsplätze an folgenden Tagen durch Medenspiele ab 10 Uhr belegt: 23.6, 25.8., 1.9.

* **D65:** Trainingsplätze an folgenden Tagen durch Medenspiele ab 10 Uhr belegt: 23.6, 25.8., 1.9.